



North Carolina
State Health Plan
FOR TEACHERS AND STATE EMPLOYEES



Final Benefit Approvals for 2015: ACA Preventive Services

Board of Trustees Meeting

November 21, 2014

A Division of the Department of State Treasurer

Presentation Overview

- Board Approval of Benefits
- Affordable Care Act (ACA) Compliance
- Review of August Approvals
- Federal Preventive Care Updates
- Financial Impact
- Recommendation

BOT Approval Required

Pursuant to NCGS 135-48.30 and 135-48.22, the Treasurer sets benefits subject to approval of the Board of Trustees.

Affordable Care Act (ACA) Compliance

- The Consumer-Directed Health Plan is a non-grandfathered plan and must comply with all ACA preventive service requirements.
- The Board previously approved coverage of ACA preventive services at \$0 member cost share under the Enhanced 80/20 Plan, a grandfathered plan that does not have to comply with all ACA preventive service requirements.

August Approvals – CDHP and 80/20 Plans

Primary Breast Cancer Preventive Medication Coverage*

- Generic tamoxifen
- Generic raloxifene
- Brand Soltamox (tamoxifen liquid)

** Coverage at 100% subject to age and gender recommendations*

Tobacco Cessation Interventions**

- Extended QuitlineNC treatment time period to 90 days
- Added lozenges to QuitlineNC nicotine replacement therapy
- Added coverage of prescription generic bupropion sustained-release 150mg and brand varenicline (Chantix)

*** Coverage at 100% limited to members ≥ 18 years of age*

Federal Preventive Care Updates

- **Screening for Hepatitis C Virus (HCV)**

The US Preventive Services Task Force (USPSTF) recommends screening high risk persons at risk for HCV. The recommendation also includes offering a one-time screening for HCV infection to adults born between 1945 and 1965.

- **BRCA Risk Assessment and Genetic Counseling**

For women who have family members with breast, ovarian, tubal or peritoneal cancer with one of several screening tools designed to identify a family history that may be associated with an increased risk for potentially harmful mutations in breast cancers susceptibility genes (BRCA1 or BRCA 2).

Women with positive screening results should receive genetic counseling and, if indicated, BRCA testing.

Federal Preventive Care Updates (*continued*)

- **Lung Cancer Screening**

Annual screening for lung cancer with low-dose computed tomography (CT) in adults age 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.

- **Chemoprevention of Dental Caries**

Primary care clinicians to prescribe oral fluoride supplementation at currently recommended doses to preschool children >6 months of age whose primary water source is deficient in fluoride. Primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption.

Federal Preventive Care Updates (*continued*)

- Tobacco Use for Children and Adolescents

Provide interventions, including education or brief counseling, to prevent initiation of tobacco use in school-aged children and adolescents. Applicable for members over the age of 5.

Segal Financial Impact Analysis

Preventive Services To Be Covered at 100%	Additional Cost
Screening for Hepatitis C Virus	\$211,090
BRCA Risk Assessment and Genetic Counseling	213,180
Lung Cancer Screening	173,003
Chemoprevention of Dental Caries	25,000
Prevention of Tobacco Use for Children and Adolescents	No cost*
Total Annual Cost (2015)	\$622,273

**Assumes this service will be provided during routine physician visits at no additional cost*

Recommendation ACA Preventive Services Coverage

Plan staff recommends adding 100% coverage of the preventive services described on slides 6, 7 and 8 under the CDHP and Enhanced 80/20 Plans, effective January 1, 2015.