



North Carolina
State Health Plan
FOR TEACHERS AND STATE EMPLOYEES



Worksite Wellness Pilot Changes

Board of Trustee's Meeting

May 24, 2013

A Division of the Department of State Treasurer

CMS Wellness Wins Pilot Snapshot

Year 1

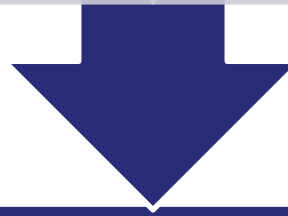
1,123 Participating Subscribers

Participation Requirements and Completion Dates:

1/17/2012 – 2/28/2012:
Worksite biometric screenings

8/1/2011 – 2/28/2012:
PCP health screening and HA completion

4/1/2012 – 3/31/2013:
\$15 reduced copay incentive period



Year 2

951 Participating Subscribers

Participation Requirements and Completion Dates:

1/8/2013 – 2/28/2013:
Worksite biometric screenings

8/1/2012 – 2/28/2013:
PCP health screening, HA and Health Action Step completion

4/1/2013 – 3/31/2014:
\$15 reduced copay incentive period

Incentive Modification to Align with 2014 Benefit Change

Project Component	Modification
Incentive Period	04/01/2013 -12/31/2013
Incentive offering	Participating members (n = 951) will receive a refund check for the \$15 copay reduction reflecting the sum total for each PCP visit from 1/1/2014 – 3/31/2014.
Communication	In August 2013, participating subscribers will be notified of the program change by email and formal letter.