





# Pharmacy Benefit Administration

Board of Trustees Meeting October 24, 2024



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# Pharmacy Benefit Management

- Impact of Pharmacy Benefit Mangers (PBM) on Independent Pharmacies
  - Independent Pharmacy presentation to the Board at the April 2024 meeting
  - Board moved to investigate concerns raised by presentation
    - Pharmacy reimbursements
    - Oversight and audit
- Observations on the health care marketplace

#### National Health Care Issues

- Challenges faced by insurers, including the State Health Plan
  - Maintaining financially sustainable health care plans
  - Rising cost of prescription medication
  - Lack of competition in the health care industry
- Challenges faced by Independent Pharmacies
  - Low reimbursement costs
  - Competition from chain pharmacies
  - Limited bargain power
- Leveling the playing field
  - Market changes
  - State legislation
  - Contract negotiation



### State Health Plan Contract Terms

- Request for Proposal (RFP) developed in consultation with experts in health care industry
- Transparent (Pass-Through) PBM Pricing Model
  - Compensate PBM through payment of administrative fee
  - Rebate dollars submitted in bid in the form of binding minimum guarantees
  - Offers greater visibility into the actual costs and fees associated with managing pharmacy benefits
- Monitor PBM practices
  - In-house oversight and management
  - Contract with Plan actuaries (Segal) and auditor (Myers & Stauffer)
- Terms that support Independent Pharmacies
  - Require network of independent and retail chain pharmacies in all 100 counties
  - Promote member awareness of pharmacy options





# State Health Plan Created Exclusively for its Members



# Specific Questions Addressed

- Investigate why CVS Caremark reimburses pharmacies at different rates.
- Ask CVS Caremark why they often reimburse below medication acquisition cost.
- Review the Pharmacy Benefit Manager bid process. Are rebate dollars submitted in bid?
- Utilize a 3rd party advisor to investigate CVS Caremark's claims (spread pricing, fair reimbursement, Maximum Allowable Cost (MAC) appeal success rate, rebate pass through, etc.)
- Investigate Direct and Indirect Remuneration (DIR) fees imposed by CVS Caremark.
- Ask CVS Caremark how they can contract with GoodRx/other PBMs to adjust prices and to review the language in the contract.

## Pharmacy Reimbursements

- State Health Plan contract with CVS Caremark prohibits spread pricing
  - Pharmacies receive 100% of Plan reimbursements
  - Affirmed by internal review
- Reimbursement rates determined by contractual negotiations
  - Pharmacies may negotiate pricing applicable to them
  - Pricing may fluctuate based on market conditions
  - Internal review of pricing appeal process reveals low number of appeals, but with success rate in line with expectations.
- Pharmacy Performance Program Adjustments
  - Requested information from CVS Caremark on performance program adjustments applicable to Plan claims
- GoodRx program terminated



# Oversight and Audit

- Myers and Stauffer independent third-party auditor:
  - Conduct audits to compare generic price lists to industry benchmarks
  - Conduct audits to ensure CVS Caremark passes through full value of negotiated rebates, discounts, and other financial incentives
  - Conduct audits to ensure CVS Caremark compliance with plan design and benefit provisions
- Segal Plan's third-party health benefits actuarial advisors:
  - Support development of rigorous RFP bidding process
  - Monitor Plan financials using claims data
  - Performs periodic market checks to ensure pricing remains competitive
- Internal Plan Staff Review

