PRIOR AUTHORIZATION CRITERIA

DRUG CLASS	**ANTIOBESITY AGENTS**
BRAND NAME (generic)	**benzphetamine products**
	diethylpropion products
	phendimetrazine products
	phentermine products

Status: CVS Caremark Criteria
Type: Initial Prior Authorization

POLICY

FDA-APPROVED INDICATIONS

Benzphetamine

Benzphetamine is indicated in the management of exogenous obesity as a short term (a few weeks) adjunct in a regimen of weight reduction based on caloric restriction in patients with an initial body mass index (BMI) of 30 kg/m^2 or higher who have not responded to appropriate weight reducing regimen (diet and/or exercise) alone. The limited usefulness of agents of this class should be weighed against possible risks inherent in their use. Benzphetamine is indicated for use as monotherapy only.

Limitations of Use:
- The effect on cardiovascular morbidity and mortality has not been established.
- The safety and effectiveness of these agents in combination with other products intended for weight loss, including prescription drugs, over-the-counter drugs, and herbal preparations, have not been established.

Diethylpropion

Diethylpropion is indicated in the management of exogenous obesity as a short-term adjunct (a few weeks) in a regimen of weight reduction based on caloric restriction in patients with an initial body mass index of 30 kg/m^2 or higher and who have not responded to an appropriate weight reducing regimen (diet and/or exercise) alone. The usefulness of agents of this class should be measured against possible risk factors inherent in their use. Diethylpropion is indicated for use as monotherapy only.

Limitations of Use:
- The effect on cardiovascular morbidity and mortality has not been established.
- The safety and effectiveness of these agents in combination with other products intended for weight loss, including prescription drugs, over-the-counter drugs, and herbal preparations, have not been established.

Phendimetrazine

Phendimetrazine tartrate extended-release capsules are indicated in the management of exogenous obesity as a short term adjunct (a few weeks) in a regimen of weight reduction based on caloric restriction in patients with an initial body mass index (BMI) of greater than or equal to 30 kg/m^2 or greater than or equal to 27 kg/m^2 in the presence of other risk factors (e.g., controlled hypertension, diabetes, hyperlipidemia) who have not responded to appropriate weight reducing regimen (diet and/or exercise) alone. The limited usefulness of agents of this class should be weighed against possible risks inherent in their use. Phendimetrazine tartrate is indicated for use as monotherapy only.

Phendimetrazine tartrate is indicated in the management of exogenous obesity as a short term adjunct (a few weeks) in a regimen of weight reduction based on caloric restriction in patients with an initial body mass index (BMI) of 30 kg/m^2 or

higher who have not responded to appropriate weight reducing regimen (diet and/or exercise) alone. The limited usefulness of agents of this class should be weighed against possible risks inherent in their use. Phendimetrazine tartrate is indicated for use as monotherapy only.

Limitations of Use:
• The effect on cardiovascular morbidity and mortality has not been established.
• The safety and effectiveness of these agents in combination with other products intended for weight loss, including prescription drugs, over-the-counter drugs, and herbal preparations, have not been established.

Phentermine
Phentermine is indicated as a short-term (a few weeks) adjunct in a regimen of weight reduction based on exercise, behavioral modification, and caloric restriction, in the management of exogenous obesity for patients with an initial body mass index greater than or equal to 30 kg/m^2, or greater than or equal to 27 kg/m^2 in the presence of other risk factors (e.g., controlled hypertension, diabetes, hyperlipidemia). The limited usefulness of agents of this class should be measured against possible risk factors inherent in their use.

Limitations of Use:
• The effect on cardiovascular morbidity and mortality has not been established.
• The safety and effectiveness of these agents in combination with other products intended for weight loss, including prescription drugs, over-the-counter drugs, and herbal preparations, have not been established.

COVERAGE CRITERIA
The requested drug will be covered with prior authorization when the following criteria are met:

- The patient has not received 3 months of therapy with the requested drug within the past 365 days
  AND
- The requested drug will be used with a reduced calorie diet and increased physical activity AND
  - The patient has a body mass index (BMI) greater than or equal to 30 kg per square meter
    OR
  - The patient has a body mass index (BMI) greater than or equal to 27 kg per square meter AND has additional risk factors

  AND
- If the request is for phentermine it will not be used in a patient who is also using Fintepla (fenfluramine)

REFERENCES

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4. Phendimetrazine [package insert]. Northvale, NJ: Elite Laboratories , Inc.; January 2019.
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6. Lexicomp Online, AHFS DI (Adult and Pediatric) Online. Hudson, OH: Wolters Kluwer Clinical Drug Information, Inc. http://online.lexi.com/. Accessed July 2020.
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9. Jensen MD, et al. 2013 AHA/ACC/TOS guideline for the management of overweight and obesity in adults: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society. *Circulation.* 2013; 129:S102–S138
10. FDA Announces Withdrawal Fenfluramine and Dexfenfluramine (Fen-Phen). July 2005. Available at: https://wayback.archive-it.org/7993/20170723090512/https://www.fda.gov/Drugs/DrugSafety/PostmarketDrugSafetyInformationforPatientsandProviders/ucm179871.htm. Accessed July 2020.