

February 2023 HBR Update



For Employees Planning Retirement: 'Understanding Your Medical Plan Options When You Become Medicare-Eligible' Webinars!

HBRs are encouraged to share the following information with their employees thinking of retirement: The State Health Plan is offering online webinars with important information on “Understanding Your Medical Plan Options When You Become Medicare-Eligible.”

These popular, free webinars are designed for active employees who will soon be 65, are already 65 or older, and retirees getting ready to turn 65. Each webinar lasts approximately 2 hours and will explain important information regarding Medicare, retirement health benefit options and offer the opportunity to ask questions. These webinars are also a great resource for HBRs, so feel free to attend one as well so you can assist employees as needed.



Webinars are scheduled through August. Interested employees and HBRs are encouraged to register soon, as these webinars are expected to fill quickly!

[Click here to register →](#)

Retiring an Employee in eBenefits

The State Health Plan has posted a new training document in HBR University on how to retire a member in eBenefits. The document, which explains the process step by step, can be found by logging into [HBR University](#), the Plan's online learning management tool just for HBRs.

The "How to Retire a Member in eBenefits" instructions include:

- Retirement with Hold Future Transaction
- Payroll Groups (member does not have Medical Coverage)
- Non-Payroll Groups with NCFlex Benefits
- Non-Payroll Groups without NCFlex Benefits
- Non-Payroll Groups (member does not have Medical Coverage)
- Retirement for Municipalities & Charter Schools ineligible for coverage under the State Retirements System
- How to Retire a Member after a Termination has been processed

Annual Certification Recap

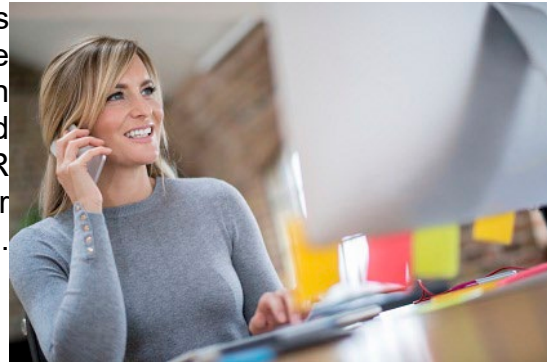
The State Health Plan recently completed its HBR Annual Certification, which included a brief online training that is required of all HBRs. Failure to complete this training resulted in loss of access to eBenefits. We appreciate those that participated!

Our records indicate that 44% of HBRs completed this training by February 10, 2023. If you did not complete this training and have lost access to eBenefits, you will have to complete the [HBR Contact/Access Request form](#).

Please note that it may take three to five business days to restore access.

2023 HBR Monthly Webinars

The State Health Plan continues to utilize monthly HBR webinars as monthly training opportunities. The monthly webinars serve as the main source of updates and guided training. Given this emphasis, HBR attendance at each monthly webinar is required.



All webinars are scheduled to take place from 10 a.m. to 11 a.m. To register for the monthly webinars, see below or visit the Plan's [website](#).

- [February 22, 2023, 10-11 a.m.](#)
- [March 22, 2023, 10-11 a.m.](#)
- [April 26, 2023, 10-11 a.m.](#)
- [May 24, 2023, 10-11 a.m.](#)
- [June 21, 2023, 10-11 a.m.](#)
- [July 26, 2023, 10-11 a.m.](#)
- [August 23, 2023, 10-11 a.m.](#)
- [September 20, 2023, 10-11 a.m.](#)
- [October 25, 2023, 10-11 a.m.](#)
- [November 15, 2023, 10-11 a.m.](#)
- [December 20, 2023, 10-11 a.m.](#)



Next HBR Monthly Webinar
February 22, 2023 - 10am

[Click to Register! >](#)



This Month's
Healthy
Recipe



**Healthy Buffalo
Chicken Dip**

[Get the Recipe! >](#)



This Month's
Wellness
Tip



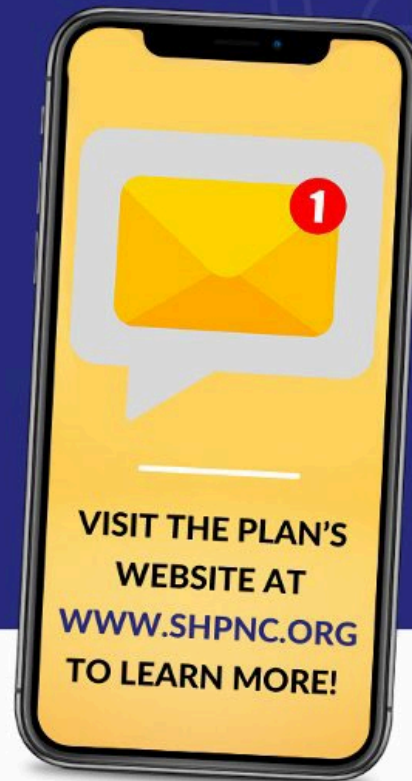
**Tobacco Cessation
Resources**

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TEXT "JOIN" TO 76971

- Sign up to receive State Health Plan updates by text! Just text "Join" to 76971.
- Text messages will be general information regarding your State Health Plan benefits.



SIGN UP TODAY

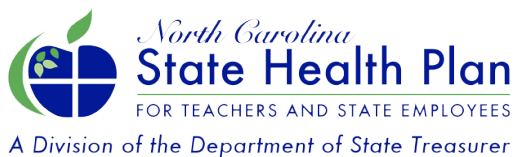


Message Frequency may vary. Message and Data rates may apply.
Reply STOP to cancel.

Eligibility and Enrollment Questions: 855-859-0966

Prescription Questions: 888-321-3124

For questions on this newsletter, e-mail: ppo.inquiries@nctreasurer.com



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