

# February 2025 HBR Update



## State Health Plan Board of Trustees Approves Salary-Based Premiums

At its recent meeting, the [State Health Plan Board of Trustees](#) approved the ability to move forward with salary-based premiums. Actual premium rates will not be voted on until later this summer. More detailed information will be sent to HBRs soon.

## Aetna Member Portal & Mobile App

Please continue to encourage employees to register for the Aetna Member Portal and download the Aetna app. You can also *print* this [flyer](#) to post around the workplace. The Aetna Member Portal allows employees to easily manage their health benefits.

To access the portal, employees should log into [eBenefits](#) and click on *Aetna Member Portal* under *Quick Links*. The mobile app can be downloaded on the *App Store* or *Google Play*.

## Aetna 101: Your Top 10 Questions Answered

Employees are invited to attend a convenient lunchtime webinar to address the top 10 questions we're getting asked since the transition with Aetna. This free webinar will take place on **February 25** and **February 27** at Noon and will last approximately 30 minutes.



Both webinars will cover the same information, so employees can choose the date that works best for them. Members must [register online](#)!

[Click here to register →](#)

## Pre-65 Webinars for Prospective Retirees

HBRs are urged to share this information with employees nearing retirement. The 2025 “**Understanding Your Medical Plan Options When You Become Medicare-Eligible**” series has started!

These popular, free webinars are designed for employees who will soon be 65, are already 65 or older, and retirees getting ready to turn 65. Each event lasts approximately 2 hours and will explain important information regarding Medicare, retirement health benefit options and offer the opportunity to ask questions.

Upcoming webinars are **February 18, March 4, and March 20**. Webinars are also scheduled through August. Employees who wish to attend are encouraged to [register soon](#) as these events fill quickly!

[Click here to register →](#)

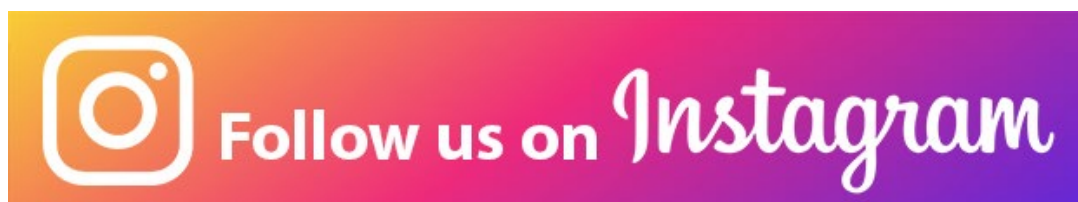
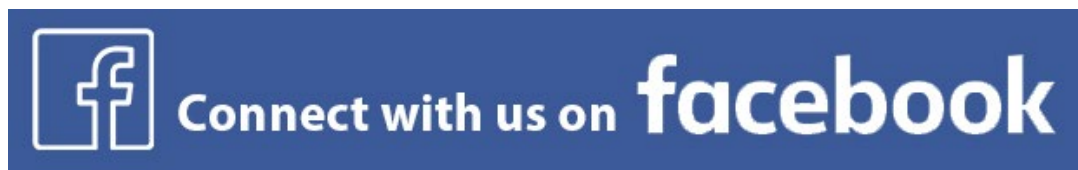
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## Follow us on Social

**Do your employees follow us on social? Do you?**

Keep up-to-date with Plan news, discover tasty recipes and healthy living tips, and see Plan staff at work for you. Follow us on Facebook [@SHPNC](#) and Instagram [@nchealthplan](#).

Print out this [Flyer](#), cut into thirds, and post in common areas to help members connect with the State Health Plan!





Sheet-Pan Honey Mustard  
Salmon & Vegetables

American  
Heart Month

**GET THE RECIPE! >**

**LEARN MORE! >**

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Eligibility and Enrollment Questions: 855-859-0966

For questions on this newsletter, e-mail: [shpmemberinquiries@nctreasurer.com](mailto:shpmemberinquiries@nctreasurer.com)

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*North Carolina*  
**State Health Plan**

FOR TEACHERS AND STATE EMPLOYEES

*A Division of the Department of State Treasurer*