

# July 2023 HBR Update



## Employees Can Get a Head Start on Open Enrollment

Employees who are tobacco users and want to earn their monthly premium credit for 2024 don't have to wait until Open Enrollment this fall. They can take action **now** to save money throughout 2024!

Starting July 1, 2023, tobacco users can attend a tobacco cessation counseling session at their Primary Care Provider's (PCP) office for **FREE** to earn a lower premium for 2024. They have until November 30, 2023, to take action. (Note: If employees combine their tobacco cessation visit with another service, there may be a copay.) This convenient employee option means there's no need to wait for Open Enrollment in October to secure their monthly premium credit for 2024.

How it works:

- After employees visit a PCP for their tobacco cessation session, the provider will submit a claim on their behalf. To ensure they receive credit for their visit, employees can upload their office visit summary to the "Document Center" located in [eBenefits](#), the State Health Plan's enrollment system. They should make sure to request a copy of their summary during their visit.
- This action is **ONLY** for tobacco users who want to reduce their monthly premium by \$60 per month in 2024. **If employees are NOT tobacco users, they will simply attest to that online during Open Enrollment, October 9-27, 2023.**

- During Open Enrollment, they will need to attest during the online enrollment process. This step is critical to ensure employees receive the lower premium for 2024.

This month, employees who took no action on tobacco attestation last year will receive the following postcard reminder regarding 2024 Open Enrollment.

## Get a Head Start on Open Enrollment



## Open Enrollment HBR Training Starts THIS WEEK!

Let us help you get ready for Open Enrollment! The State Health Plan is holding Open Enrollment trainings for HBRs in July. Open Enrollment trainings cover important information regarding 2024. These trainings will be offered as webinars, so you may join us from the comfort of your own desk.



This year, Open Enrollment will be held October 9-27, 2023. Reserve your spot to ensure you have the information you need to best serve your employees! Click below to register for the one that best fits your schedule.

### Open Enrollment HBR Trainings Dates/Times:

- [July 19 – 2 to 4 p.m.](#)
- [July 20 – 10 a.m. to 12 p.m.](#)
- [July 25 – 10 a.m. to 12 p.m.](#)
- [July 27 – 2 to 4 p.m.](#)

The Plan will also begin to focus on Open Enrollment during the HBR monthly webinars in addition to other important announcements. To register for the monthly HBR webinars, visit the Plan's [website](#).

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### 'Understanding Your Medical Plan Options When You Become Medicare-Eligible' Series for Employees

Do you have employees considering retirement? Our 2023 “Understanding Your Medical Plan Options When You Become Medicare-Eligible” series of [convenient webinars](#) continues through August.

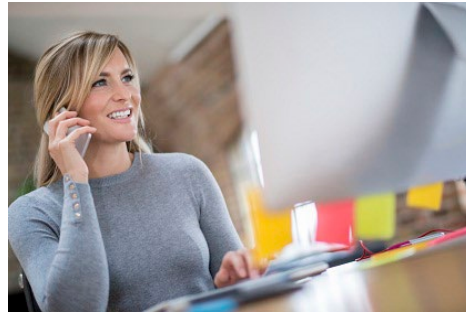
These popular, free webinars are designed for active employees who will soon be 65, are already 65 or older, and retirees getting ready to turn 65. Each event lasts approximately 2 hours and will explain important information regarding Medicare, retirement health benefit options and offer the opportunity to ask questions. These events are also a great resource for HBRs, so feel free to attend!

[Click here to register for a webinar →](#)

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### 2023 HBR Monthly Webinars

The State Health Plan continues to utilize monthly HBR webinars as monthly training opportunities. The monthly webinars serve as the main source of updates and guided training. Given this emphasis, HBR attendance at each monthly webinar is required.



All webinars are scheduled to take place from 10 a.m. to 11 a.m. To register for the monthly webinars, see below or visit the Plan's [website](#).

- [July 26, 2023, 10-11 a.m.](#)
- [August 23, 2023, 10-11 a.m.](#)
- [September 20, 2023, 10-11 a.m.](#)
- [October 25, 2023, 10-11 a.m.](#)
- [November 15, 2023, 10-11 a.m.](#)
- [December 20, 2023, 10-11 a.m.](#)



**Next HBR Monthly Webinar**  
July 26, 2023 - 10am

[Click to Register! >](#)



This Month's  
Healthy  
Recipe



This Month's  
Wellness  
Tip



**Stuffed Pepper  
Casserole**

[Get the Recipe! >](#)



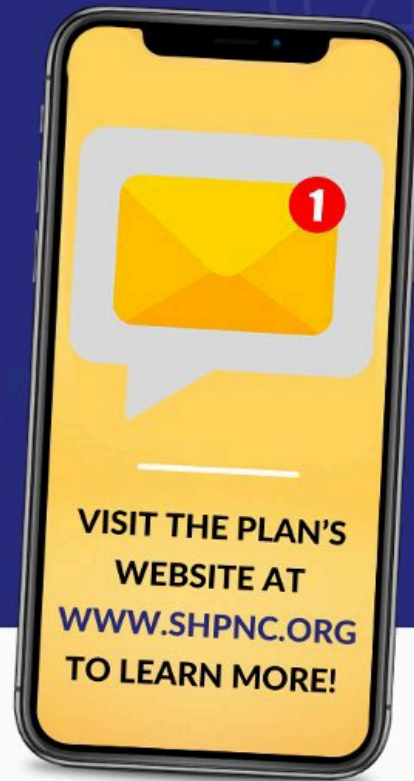
**Practice  
Sun Safety!**

[Learn More! >](#)

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# TEXT "JOIN" TO 76971

- Sign up to receive State Health Plan updates by text! Just text "Join" to 76971.
- Text messages will be general information regarding your State Health Plan benefits.



**SIGN UP TODAY**

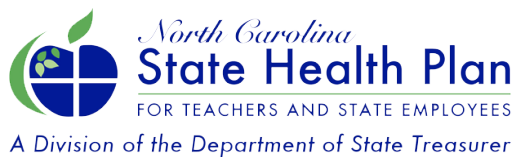


Message Frequency may vary. Message and Data rates may apply.  
Reply STOP to cancel.

Eligibility and Enrollment Questions: 855-859-0966

Prescription Questions: 888-321-3124

For questions on this newsletter, e-mail: [ppo.inquiries@nctreasurer.com](mailto:ppo.inquiries@nctreasurer.com)



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